

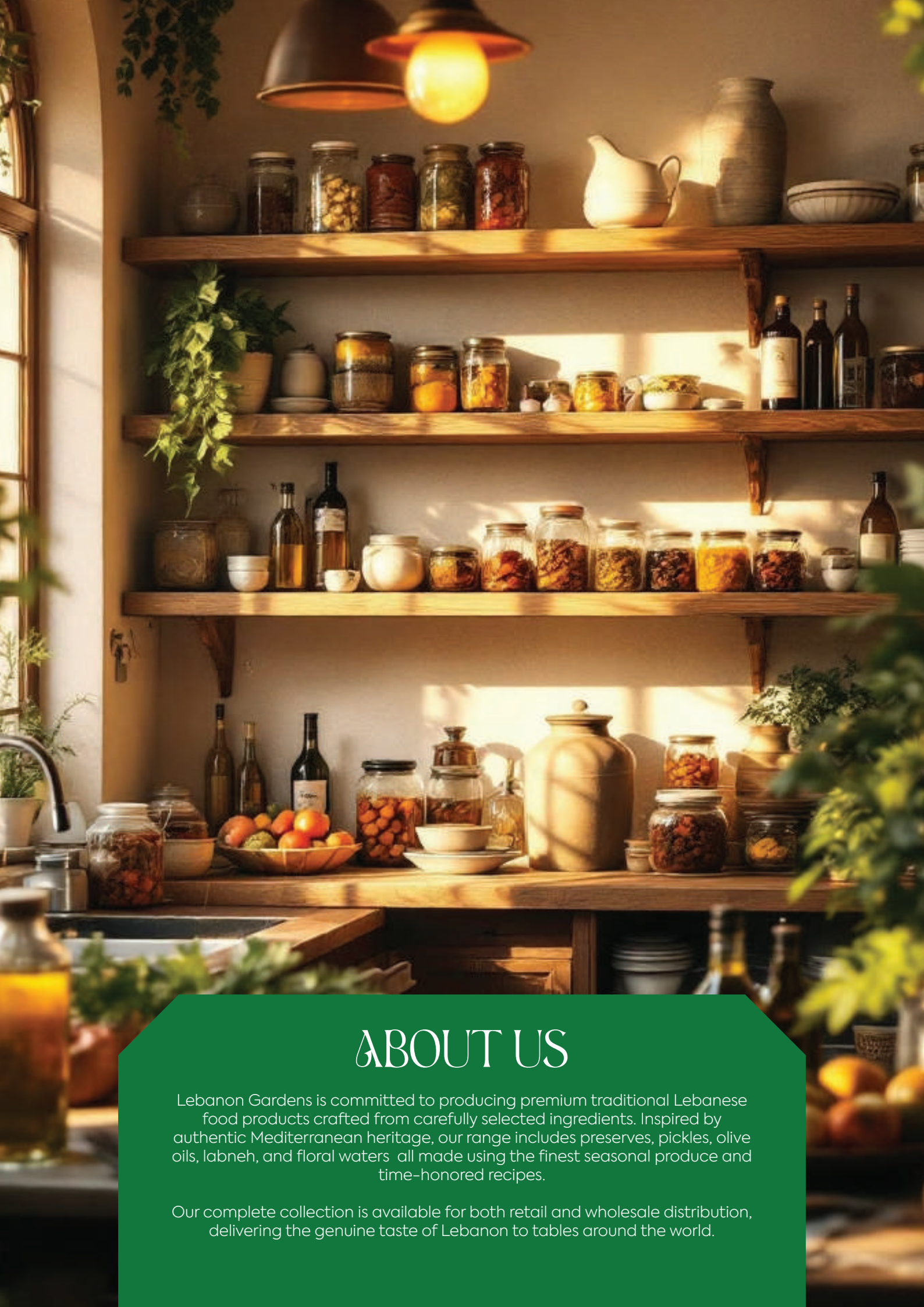
Lebanon Gardens

PREMIUM LEBANESE PRESERVES & SPECIALTIES

Jam • Pickles • Olive Oil • Labneh • Floral Waters



MADE IN LEBANON
صنع في لبنان



ABOUT US

Lebanon Gardens is committed to producing premium traditional Lebanese food products crafted from carefully selected ingredients. Inspired by authentic Mediterranean heritage, our range includes preserves, pickles, olive oils, labneh, and floral waters all made using the finest seasonal produce and time-honored recipes.

Our complete collection is available for both retail and wholesale distribution, delivering the genuine taste of Lebanon to tables around the world.

JAM COLLECTION



مربى المشمش APRICOT JAM

CONFITURE D'ABRICOT

Sun-ripened apricots slow-cooked to a golden, fragrant preserve.

Sizes: 380g – 1x12

Nutrition Facts

Serving Size: (100g)

المعلومات الغذائية لكل 100 غ

Amount per serving	1530KJ / 360Kcal
ENERGY:	
Total Fat	0g
Saturated Fat	0g
Trans Fat	0g
Total Carbohydrates	90g
Dietary Fiber	0g
Sugars	85g
Protein	0g
Salt	0g

- Apricots, sugar, citric acid
- Abricots, sucre, acide citrique
- مشمش، سكر، حمض الستريك



مربى التين FIG JAM

CONFITURE DE FIGUE

Rich, velvety fig jam made from hand-picked Lebanese figs.

Sizes: 380g – 1x12

Nutrition Facts

Serving Size: (100g)

المعلومات الغذائية لكل 100 غ

Amount per serving	1260KJ / 297Kcal
ENERGY:	
Total Fat	0g
Saturated Fat	0g
Trans Fat	0g
Total Carbohydrates	70g
Dietary Fiber	3.8g
Sugars	64g
Protein	2g
Salt	0g

- Figs, sugar, sesame, citric acid
- Figs, sucre, sésame, acide citrique
- تين، سكر، سمسم، حمض الستريك



مربى حب التين WHOLE FIG JAM

CONFITURE DE FIGUES ENTIÈRES

Whole preserved figs in a lightly sweetened syrup a true Lebanese classic.

Sizes: 380g – 1x12

Nutrition Facts

Serving Size: (100g)

المعلومات الغذائية لكل 100 غ

Amount per serving	1260KJ / 297Kcal
ENERGY:	
Total Fat	0g
Saturated Fat	0g
Trans Fat	0g
Total Carbohydrates	70g
Dietary Fiber	3.8g
Sugars	64g
Protein	2g
Salt	0g

- Whole figs, sugar, water, citric acid
- Figues entières, sucre, eau, acide citrique
- حبة تين كاملة، سكر، ماء، حمض الستريك



JAM COLLECTION

مربى التين بالسمنسم

FIG JAM WITH SESAME

CONFITURE DE FIGUE AU SÉSAME

Classic fig jam elevated with toasted sesame for a nutty, aromatic finish.

Sizes: 380g – 1x12

Nutrition Facts	
Serving Size:(100g)	
المعلومات الغذائية لكل 100 غ	
Amount per serving	
ENERGY:	1260KJ / 297Kcal
Total Fat	0g
Saturated Fat	0g
Trans Fat	0g
Total Carbohydrates	70g
Dietary Fiber	3.8g
Sugars	64g
Protein	2g
Salt	0g

- Dried figs, sugar, water, sesame, anise, citric acid
- Figues séchées, sucre, eau, sésame, anis, acide citrique
- تين مجفف، سكر، ماء، سمنسم، ينسون، حمض الستريك



مربى السفرجل

QUINCE JAM

CONFITURE DE COING

Delicately spiced quince preserve with a jewel-toned, firm texture.

Sizes: 380g – 1x12

Nutrition Facts	
Serving Size:(100g)	
المعلومات الغذائية لكل 100 غ	
Amount per serving	
ENERGY:	1530KJ / 360Kcal
Total Fat	0g
Saturated Fat	0g
Trans Fat	0g
Total Carbohydrates	90g
Dietary Fiber	0g
Sugars	85g
Protein	0g
Salt	0g

- Quince, sugar, water, citric acid
- Coing, sucre, eau, acide citrique
- سفرجل، سكر، ماء، حمض الستريك



مربى الفراولة

STRAWBERRY JAM

CONFITURE DE FRAISE

Ripe seasonal strawberries, slow-cooked to preserve natural flavor and texture.

Sizes: 380g – 1x12

Nutrition Facts	
Serving Size:(100g)	
المعلومات الغذائية لكل 100 غ	
Amount per serving	
ENERGY:	1530KJ / 360Kcal
Total Fat	0g
Saturated Fat	0g
Trans Fat	0g
Total Carbohydrates	90g
Dietary Fiber	0g
Sugars	85g
Protein	0g
Salt	0g

- Strawberry, sugar, citric acid
- Fraise, sucre, acide citrique
- فراولة، سكر، حمض الستريك



JAM COLLECTION



مربى المشمش APRICOT JAM

CONFITURE D'ABRICOT

Sun-ripened apricots slow-cooked to a golden, fragrant preserve.

Sizes: 800g – 1x12

Nutrition Facts

Serving Size: (100g)

المعلومات الغذائية لكل 100 غ

Amount per serving	1530KJ / 360Kcal
ENERGY:	
Total Fat	0g
Saturated Fat	0g
Trans Fat	0g
Total Carbohydrates	90g
Dietary Fiber	0g
Sugars	85g
Protein	0g
Salt	0g

- Apricots, sugar, citric acid
- Abricots, sucre, acide citrique
- مشمش، سكر، حمض الستريك



مربى التين FIG JAM

CONFITURE DE FIGUE

Rich, velvety fig jam made from hand-picked Lebanese figs.

Sizes: 800g – 1x12

Nutrition Facts

Serving Size: (100g)

المعلومات الغذائية لكل 100 غ

Amount per serving	1260KJ / 297Kcal
ENERGY:	
Total Fat	0g
Saturated Fat	0g
Trans Fat	0g
Total Carbohydrates	70g
Dietary Fiber	3.8g
Sugars	64g
Protein	2g
Salt	0g

- Figs, sugar, sesame, citric acid
- Figs, sucre, sésame, acide citrique
- تين، سكر، سمسم، حمض الستريك



مربى حب التين WHOLE FIG JAM

CONFITURE DE FIGUES ENTIERES

Whole preserved figs in a lightly sweetened syrup a true Lebanese classic.

Sizes: 800g – 1x12

Nutrition Facts

Serving Size: (100g)

المعلومات الغذائية لكل 100 غ

Amount per serving	1260KJ / 297Kcal
ENERGY:	
Total Fat	0g
Saturated Fat	0g
Trans Fat	0g
Total Carbohydrates	70g
Dietary Fiber	3.8g
Sugars	64g
Protein	2g
Salt	0g

- Whole figs, sugar, water, citric acid
- Figues entières, sucre, eau, acide citrique
- حبة تين كاملة، سكر، ماء، حمض الستريك



JAM COLLECTION

مربى التين بالسمنسم

FIG JAM WITH SESAME

CONFITURE DE FIGUE AU SÉSAME

Classic fig jam elevated with toasted sesame for a nutty, aromatic finish.

Sizes: 800g – 1x12

Nutrition Facts	
Serving Size:(100g)	
المعلومات الغذائية لكل 100 غ	
Amount per serving	
ENERGY:	1260KJ / 297Kcal
Total Fat	0g
Saturated Fat	0g
Trans Fat	0g
Total Carbohydrates	70g
Dietary Fiber	3.8g
Sugars	64g
Protein	2g
Salt	0g

- Dried figs, sugar, water, sesame, anise, citric acid
- Figs séchées, sucre, eau, sésame, anis, acide citrique
- تين مجفف، سكر، ماء، سمنسم، ينسون، حمض الستريك



مربى السفرجل

QUINCE JAM

CONFITURE DE COING

Delicately spiced quince preserve with a jewel-toned, firm texture.

Sizes: 800g – 1x12

Nutrition Facts	
Serving Size:(100g)	
المعلومات الغذائية لكل 100 غ	
Amount per serving	
ENERGY:	1530KJ / 360Kcal
Total Fat	0g
Saturated Fat	0g
Trans Fat	0g
Total Carbohydrates	90g
Dietary Fiber	0g
Sugars	85g
Protein	0g
Salt	0g

- Quince, sugar, water, citric acid
- Coing, sucre, eau, acide citrique
- سفرجل، سكر، ماء، حمض الستريك



مربى الفراولة

STRAWBERRY JAM

CONFITURE DE FRAISE

Ripe seasonal strawberries, slow-cooked to preserve natural flavor and texture.

Sizes: 800g – 1x12

Nutrition Facts	
Serving Size:(100g)	
المعلومات الغذائية لكل 100 غ	
Amount per serving	
ENERGY:	1530KJ / 360Kcal
Total Fat	0g
Saturated Fat	0g
Trans Fat	0g
Total Carbohydrates	90g
Dietary Fiber	0g
Sugars	85g
Protein	0g
Salt	0g

- Strawberry, sugar, citric acid
- Fraise, sucre, acide citrique
- فراولة، سكر، حمض الستريك



PICKLES COLLECTION



كَبَّيسْ خِيَار

PICKLED CUCUMBER

CONCOMBRE MARINÉ

Crunchy fresh cucumbers preserved in traditional Lebanese brine for bold and authentic flavor.

Sizes: 650g – 1x12

Nutrition Facts	
Serving Size:(100g) المعلومات الغذائية لكل 100 غ	
Amount per serving	
Calories	93
Total Fat 0.3g	%Daily Value*
Saturated Fat 0.1g	0%
Polyunsaturated Fat 0.6g	0%
Monounsaturated Fat 0.1g	0%
Cholesterol 0mg	0%
Sodium 459mg	20%
Total Carbohydrates 22.1g	8%
Dietary Fiber 1g	4%
Sugars 18.7g	
Protein 0.5g	
Vitamin D 0mcg	0%
Calcium 62.9mg	5%
Iron 0.3mg	2%
Potassium 302mg	2%

- Concombre, eau, vinaigre, sel
- Cucumber, water, vinegar, salt
- خيار، ماء، خل، ملح



كَبَّيسْ لَفْت

PICKLES TURNIPS

NAVETS MARINÉS

Vibrant pink turnips pickled in the traditional Lebanese style a beloved staple.

Sizes: 650g – 1x12

Nutrition Facts	
Serving Size:(100g) المعلومات الغذائية لكل 100 غ	
Amount per serving	
Calories	20
Total Fat 0g	%Daily Value*
Saturated Fat 0g	0%
Polyunsaturated Fat 0g	0%
Monounsaturated Fat 0g	0%
Cholesterol 0mg	0%
Sodium 1720mg	72%
Total Carbohydrates 4g	1%
Dietary Fiber 0g	0%
Sugars 4g	
Protein 0g	
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 0mg	0%
Potassium 0mg	0%

- Navets, betterave, eau, sel
- Turnips, beet, water, salt
- لفت و شمندر، ماء، ملح



كَبَّيسْ فلفل

PICKLED PEPPER

PIMENT MARINÉ

Bold, tangy pickled peppers with a satisfying crunch and vibrant color.

Sizes: 650g – 1x12

Nutrition Facts	
Serving Size:(100g) المعلومات الغذائية لكل 100 غ	
Amount per serving	
Calories	93
Total Fat 0g	%Daily Value*
Saturated Fat 0g	0%
Polyunsaturated Fat 0g	0%
Monounsaturated Fat 0g	0%
Cholesterol 0mg	0%
Sodium 459mg	20%
Total Carbohydrates 22.1g	8%
Dietary Fiber 1g	4%
Sugars 18.7g	
Protein 0.5g	
Vitamin D 0mcg	0%
Calcium 62.9mg	5%
Iron 0.3mg	2%
Potassium 302mg	2%

- Piment, eau, vinaigre, sel
- Pepper, water, vinegar, salt
- فلفل، ماء، خل، ملح



PICKLES COLLECTION

كَبَّيس مَشْكَل

PICKLED MIXED VEGETABLES

LÉGUMES VARIÉS MARINÉS

A colorful medley of seasonal vegetables pickled in authentic Lebanese brine.

Sizes: 650g – 1x12

Nutrition Facts	
Serving Size: (100g)	
المعلومات الغذائية لكل 100 غ	
Amount per serving	
Calories	20
Total Fat 0g	%Daily Value*
Saturated Fat 0g	0%
Polysaturated Fat 0g	
Monounsaturated Fat 0g	
Cholesterol 0mg	0%
Sodium 1680mg	70%
Total Carbohydrates 4g	1%
Dietary Fiber 0g	0%
Sugars 0g	
Protein 0g	
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 0.3mg	2%
Potassium 120mg	2%

* Percent Daily Values are based on a 2000 calorie diet.

- Légumes de saison, eau, vinaigre, sel
- Seasonal vegetables, water, vinegar, salt
- خضار موسمية، ماء، خل، ملح



هالابينو حر

PEPPER PICKLES JALAPENO

PIMENTS JALAPEÑOS MARINÉS

Fiery jalapeño peppers pickled to deliver a bold, spicy kick in every bite.

Sizes: 650g – 1x12

Nutrition Facts	
Serving Size: (100g)	
المعلومات الغذائية لكل 100 غ	
Amount per serving	
Calories	29
Total Fat 1.3g	%Daily Value*
Saturated Fat 0.1g	1%
Polysaturated Fat 0.6g	
Monounsaturated Fat 0.1g	
Cholesterol 0mg	0%
Sodium 1840mg	80%
Total Carbohydrates 5g	2%
Dietary Fiber 2.3g	10%
Sugars 2.3g	
Protein 1g	
Vitamin D 0mcg	0%
Calcium 25.5mg	1%
Iron 2.1mg	11%
Potassium 212.3mg	9%

* Percent Daily Values are based on a 2000 calorie diet.

- Jalapeño, eau, vinaigre, sel
- Jalapeño, water, vinegar, salt
- هالابينو، ماء، خل، ملح



فلفل أحمر

RED PEPPER

POIVRON ROUGE

Sweet and tangy red peppers pickled to perfection with a vibrant, bold flavor.

Sizes: 650g – 1x12

Nutrition Facts	
Serving Size: (100g)	
المعلومات الغذائية لكل 100 غ	
Amount per serving	
Calories	40
Total Fat 0g	%Daily Value*
Saturated Fat 0g	0%
Polysaturated Fat 0g	
Monounsaturated Fat 0g	
Cholesterol 0mg	0%
Sodium 560mg	23%
Total Carbohydrates 8g	3%
Dietary Fiber 0g	0%
Sugars 0g	
Protein 0g	
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 0mg	0%
Potassium 0mg	0%

* Percent Daily Values are based on a 2000 calorie diet.

- Poivron rouge épicé moulu
- Ground spicy red pepper
- فلفل أحمر حار مطحون



PICKLES COLLECTION



كَبَّيسْ خِيَار بَرِي

PICKLED WILD CUCUMBERS

CONCOMBRES SAUVAGES MARINÉS

Small wild cucumbers with an intensely crisp bite and rustic, tangy character.

Sizes: 650g – 1x12

3000G

Nutrition Facts	
Serving Size:(100g) المعلومات الغذائية لكل 100 غ	
Amount per serving	
Calories	93
Total Fat 0.3g	%Daily Value*
Saturated Fat 0.1g	0%
Polysaturated Fat 0.6g	12%
Monounsaturated Fat 0.3g	0%
Cholesterol 0mg	0%
Sodium 459mg	20%
Total Carbohydrates 22.1g	8%
Dietary Fiber 1g	4%
Sugars 18.7g	
Protein 0.5g	
Vitamin D 0mcg	0%
Calcium 62.5mg	5%
Iron 0.3mg	2%
Potassium 102mg	2%

* Percent Daily Values are based on a 2000-calorie diet.

- Concombre sauvage, eau, vinaigre, sel
- Wild cucumber, water, vinegar, salt
- خيار بري، ماء، خل، ملح



كَبَّيسْ خِيَار صَغِير

CORNICHONS

CORNICHONS

Petite, perfectly crisp cornichons with a classic tangy brine finish.

Sizes: 650g – 1x12

Nutrition Facts	
Serving Size:(100g) المعلومات الغذائية لكل 100 غ	
Amount per serving	
Calories	93
Total Fat 0g	%Daily Value*
Saturated Fat 0g	0%
Polysaturated Fat 0g	0%
Monounsaturated Fat 0g	0%
Cholesterol 0mg	0%
Sodium 459mg	20%
Total Carbohydrates 22.1g	8%
Dietary Fiber 1g	4%
Sugars 18.7g	
Protein 0.5g	
Vitamin D 0mcg	0%
Calcium 62.5mg	5%
Iron 0.3mg	2%
Potassium 102mg	2%

* Percent Daily Values are based on a 2000-calorie diet.

- Cornichons, eau, épices, ail, vinaigre, sel
- Gherkins, water, spices, garlic, vinegar, salt
- كورنيشون، ماء، بهار، ثوم، خل، ملح



مكدوس بالزيت والجوز

EGGPLANT IN OIL

AUBERGINES À L'HUILE

Tender eggplant preserved in premium olive oil with aromatic herbs and spices.

Sizes: 650g – 1x12

Nutrition Facts	
Serving Size:(100g) المعلومات الغذائية لكل 100 غ	
Amount per serving	
Calories	25
Total Fat 0g	%Daily Value*
Saturated Fat 0g	0%
Polysaturated Fat 0g	0%
Monounsaturated Fat 0g	0%
Cholesterol 0mg	0%
Sodium 2mg	0%
Total Carbohydrates 6g	2%
Dietary Fiber 1g	12%
Sugars 3.5g	
Protein 1.1g	
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 0mg	1%
Potassium 229mg	6%

* Percent Daily Values are based on a 2000-calorie diet.

- Aubergine, huile végétale, noix, ail, poivre, sel
- Eggplant, vegetable oil, walnut, garlic, pepper, salt
- بادنجان، زيت نباتي، جوز، ثوم، فلفل، ملح



PICKLES COLLECTION

كَبَّيس زَعْتَر

PICKLED THYME

THYM MARINÉ

Fresh thyme sprigs pickled to preserve their earthy, aromatic Mediterranean essence.

Sizes: 650g – 1x12

Nutrition Facts	
Serving Size: (100g)	
المعلومات الغذائية لكل 100 غ	
Amount per serving	
Calories	29
Total Fat 3g	%Daily Value*
Saturated Fat 0g	0%
Polysaturated Fat 0g	
Monounsaturated Fat 0g	
Cholesterol 0mg	0%
Sodium 1953mg	81%
Total Carbohydrates 4g	1%
Dietary Fiber 3g	12%
Sugars 1g	
Protein 0g	
Vitamin D 0mg	0%
Calcium 0mg	0%
Iron 0mg	0%
Potassium 0mg	0%

- Thym, eau, citron, sel
- Thyme, water, lemon, salt
- زعتر، ماء، حامض، ملح



10kg Bucket
available



PICKLES COLLECTION



كَبَّيسْ خِيَار

PICKLED CUCUMBER

CONCOMBRE MARINÉ

Crunchy fresh cucumbers preserved in traditional Lebanese brine for bold and authentic flavor.

Sizes: 1000g – 1x12

Nutrition Facts	
Serving Size:(100g) المعلومات الغذائية لكل 100 غ	
Amount per serving	
Calories	93
Total Fat 0.3g	%Daily Value*
Saturated Fat 0.1g	0%
Polysaturated Fat 0.6g	8%
Monounsaturated Fat 0.1g	4%
Cholesterol 0mg	0%
Sodium 459mg	20%
Total Carbohydrates 22.1g	8%
Dietary Fiber 1g	4%
Sugars 18.7g	
Protein 0.5g	
Vitamin D 0mcg	0%
Calcium 62.9mg	5%
Iron 0.3mg	2%
Potassium 302mg	2%

- Concombre, eau, vinaigre, sel
- Cucumber, water, vinegar, salt
- خيار، ماء، خل، ملح



كَبَّيسْ لَفْت

PICKLES TURNIPS

NAVETS MARINÉS

Vibrant pink turnips pickled in the traditional Lebanese style a beloved staple.

Sizes: 1000g – 1x12

Nutrition Facts	
Serving Size:(100g) المعلومات الغذائية لكل 100 غ	
Amount per serving	
Calories	20
Total Fat 0g	%Daily Value*
Saturated Fat 0g	0%
Polysaturated Fat 0g	0%
Monounsaturated Fat 0g	0%
Cholesterol 0mg	0%
Sodium 1720mg	72%
Total Carbohydrates 4g	1%
Dietary Fiber 0g	0%
Sugars 4g	
Protein 0g	
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 0mg	0%
Potassium 0mg	0%

- Navets, betterave, eau, sel
- Turnips, beet, water, salt
- لفت و شمندر، ماء، ملح



كَبَّيسْ فلفل

PICKLED PEPPER

PIMENT MARINÉ

Bold, tangy pickled peppers with a satisfying crunch and vibrant color.

Sizes: 1000g – 1x12

Nutrition Facts	
Serving Size:(100g) المعلومات الغذائية لكل 100 غ	
Amount per serving	
Calories	93
Total Fat 0g	%Daily Value*
Saturated Fat 0g	0%
Polysaturated Fat 0g	0%
Monounsaturated Fat 0g	0%
Cholesterol 0mg	0%
Sodium 459mg	20%
Total Carbohydrates 22.1g	8%
Dietary Fiber 1g	4%
Sugars 18.7g	
Protein 0.5g	
Vitamin D 0mcg	0%
Calcium 62.9mg	5%
Iron 0.3mg	2%
Potassium 302mg	2%

- Piment, eau, vinaigre, sel
- Pepper, water, vinegar, salt
- فلفل، ماء، خل، ملح



PICKLES COLLECTION

كَبَّيس مَشْكَل

PICKLED MIXED VEGETABLES

LÉGUMES VARIÉS MARINÉS

A colorful medley of seasonal vegetables pickled in authentic Lebanese brine.

Sizes: 1000g – 1x12

Nutrition Facts	
Serving Size: (100g)	
المعلومات الغذائية لكل 100 غ	
Amount per serving	%Daily Value*
Calories	20
Total Fat 0g	0%
Saturated Fat 0g	0%
Polyunsaturated Fat 0g	0%
Monounsaturated Fat 0g	0%
Cholesterol 0mg	0%
Sodium 1680mg	70%
Total Carbohydrates 4g	1%
Dietary Fiber 0g	0%
Sugars 0g	0%
Protein 0g	0%
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 0.3mg	2%
Potassium 100mg	2%

* Percent Daily Values are based on a 2000 calorie diet.

- Légumes de saison, eau, vinaigre, sel
- Seasonal vegetables, water, vinegar, salt
- خضار موسمية، ماء، خل، ملح



هالابينو حر

PEPPER PICKLES JALAPENO

PIMENTS JALAPEÑOS MARINÉS

Fiery jalapeño peppers pickled to deliver a bold, spicy kick in every bite.

Sizes: 1000g – 1x12

Nutrition Facts	
Serving Size: (100g)	
المعلومات الغذائية لكل 100 غ	
Amount per serving	%Daily Value*
Calories	29
Total Fat 1.1g	2%
Saturated Fat 0.1g	1%
Polyunsaturated Fat 0.6g	1%
Monounsaturated Fat 0.1g	1%
Cholesterol 0mg	0%
Sodium 1840mg	80%
Total Carbohydrates 5g	2%
Dietary Fiber 2.3g	10%
Sugars 2.3g	10%
Protein 1g	1%
Vitamin D 0mcg	0%
Calcium 28.5mg	1%
Iron 2.1mg	11%
Potassium 212.3mg	5%

* Percent Daily Values are based on a 2000 calorie diet.

- Jalapeño, eau, vinaigre, sel
- Jalapeño, water, vinegar, salt
- هالابينو، ماء، خل، ملح



فلفل أحمر

RED PEPPER

POIVRON ROUGE

Sweet and tangy red peppers pickled to perfection with a vibrant, bold flavor.

Sizes: 1000g – 1x12

Nutrition Facts	
Serving Size: (100g)	
المعلومات الغذائية لكل 100 غ	
Amount per serving	%Daily Value*
Calories	40
Total Fat 0g	0%
Saturated Fat 0g	0%
Polyunsaturated Fat 0g	0%
Monounsaturated Fat 0g	0%
Cholesterol 0mg	0%
Sodium 560mg	23%
Total Carbohydrates 8g	3%
Dietary Fiber 0g	0%
Sugars 0g	0%
Protein 0g	0%
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 0mg	0%
Potassium 0mg	0%

* Percent Daily Values are based on a 2000 calorie diet.

- Poivron rouge épicé moulu
- Ground spicy red pepper
- فلفل أحمر حار مطحون



PICKLES COLLECTION



كَبَّيسْ خِيَار بَرِي

PICKLED WILD CUCUMBERS

CONCOMBRES SAUVAGES MARINÉS

Small wild cucumbers with an intensely crisp bite and rustic, tangy character.

Sizes: 1000g – 1x12

Nutrition Facts	
Serving Size:(100g) المعلومات الغذائية لكل 100 غ	
Amount per serving	
Calories	93
Total Fat 0.3g	%Daily Value*
Saturated Fat 0.1g	0%
Polyunsaturated Fat 0.6g	8%
Monounsaturated Fat 0.1g	4%
Cholesterol 0mg	0%
Sodium 459mg	20%
Total Carbohydrates 22.1g	8%
Dietary Fiber 1g	4%
Sugars 18.7g	
Protein 0.5g	
Vitamin D 0mcg	0%
Calcium 62.5mg	5%
Iron 0.3mg	2%
Potassium 102mg	2%

- Concombre sauvage, eau, vinaigre, sel
- Wild cucumber, water, vinegar, salt
- خيار بري، ماء، خل، ملح



كَبَّيسْ خِيَار صَغِير

CORNICHONS

CORNICHONS

Petite, perfectly crisp cornichons with a classic tangy brine finish.

Sizes: 1000g – 1x12

Nutrition Facts	
Serving Size:(100g) المعلومات الغذائية لكل 100 غ	
Amount per serving	
Calories	93
Total Fat 0g	%Daily Value*
Saturated Fat 0g	0%
Polyunsaturated Fat 0g	
Monounsaturated Fat 0g	
Cholesterol 0mg	0%
Sodium 459mg	20%
Total Carbohydrates 22.1g	8%
Dietary Fiber 1g	4%
Sugars 18.7g	
Protein 0.5g	
Vitamin D 0mcg	0%
Calcium 62.5mg	5%
Iron 0.3mg	2%
Potassium 102mg	2%

- Cornichons, eau, épices, ail, vinaigre, sel
- Gherkins, water, spices, garlic, vinegar, salt
- كورنيشون، ماء، بهار، ثوم، خل، ملح



مَكْدُوسْ بِالزَّيْتِ وَالْجُوزِ

EGGPLANT IN OIL

AUBERGINES À L'HUILE

Tender eggplant preserved in premium olive oil with aromatic herbs and spices.

Sizes: 1000g – 1x12

Nutrition Facts	
Serving Size:(100g) المعلومات الغذائية لكل 100 غ	
Amount per serving	
Calories	25
Total Fat 0g	%Daily Value*
Saturated Fat 0g	0%
Polyunsaturated Fat 0g	
Monounsaturated Fat 0g	
Cholesterol 0mg	0%
Sodium 2mg	0%
Total Carbohydrates 6g	2%
Dietary Fiber 5g	12%
Sugars 3.5g	
Protein 1.1g	
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 0mg	1%
Potassium 220mg	6%

- Aubergine, huile végétale, noix, ail, poivre, sel
- Eggplant, vegetable oil, walnut, garlic, pepper, salt
- بادنجان، زيت نباتي، جوز، ثوم، فلفل، ملح



PICKLES COLLECTION

كَبَّيس زَعْتَر

PICKLED THYME

THYM MARINÉ

Fresh thyme sprigs pickled to preserve their earthy, aromatic Mediterranean essence.

Sizes: 1000g – 1x12

Nutrition Facts	
Serving Size: (100g) المعلومات الغذائية لكل 100 غ	
Amount per serving	
Calories	29
Total Fat 3g	%Daily Value* 6%
Saturated Fat 0g	0%
Polysaturated Fat 0g	
Monounsaturated Fat 0g	
Cholesterol 0mg	0%
Sodium 195mg	81%
Total Carbohydrates 4g	1%
Dietary Fiber 3g	12%
Sugars 1g	
Protein 0g	
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 0mg	0%
Potassium 0mg	0%

- Thym, eau, citron, sel
- Thyme, water, lemon, salt
- زعتر، ماء، حامض، ملح



ورق عنب

GRAPE LEAVES

FEUILLES DE VIGNE

Tender grape leaves preserved in brine, ready for stuffing or culinary use.

Sizes: 1000g – 1x12

Nutrition Facts	
Serving Size: (100g) المعلومات الغذائية لكل 100 غ	
Amount per serving	
Calories	93
Total Fat 2.3g	%Daily Value* 3%
Saturated Fat 0.3g	1%
Polysaturated Fat 0g	
Monounsaturated Fat 0g	
Cholesterol 0mg	0%
Sodium 3mg	0%
Total Carbohydrates 17g	5%
Dietary Fiber 11g	44%
Sugars 6g	
Protein 6g	
Vitamin D 0mcg	0%
Calcium 63.8mg	36%
Iron 0.3mg	14%
Potassium 102mg	7%

- Feuilles de vigne, eau, sel
- Grape leaves, water, salt
- ورق عنب، ماء، ملح



ورق عنب

GRAPE LEAVES

FEUILLES DE VIGNE

Sweet and tangy red peppers pickled to perfection with a vibrant, bold flavor.

Sizes: 3000g – 1x12

Nutrition Facts	
Serving Size: (100g) المعلومات الغذائية لكل 100 غ	
Amount per serving	
Calories	93
Total Fat 2.3g	%Daily Value* 3%
Saturated Fat 0.3g	1%
Polysaturated Fat 0g	
Monounsaturated Fat 0g	
Cholesterol 0mg	0%
Sodium 3mg	0%
Total Carbohydrates 17g	5%
Dietary Fiber 11g	44%
Sugars 6g	
Protein 6g	
Vitamin D 0mcg	0%
Calcium 63.8mg	36%
Iron 0.3mg	14%
Potassium 102mg	7%

- Feuilles de vigne, eau, sel
- Grape leaves, water, salt
- ورق عنب، ماء، ملح



OLIVES COLLECTION



زيتون أخضر

GREEN OLIVES

OLIVES VERTES

Plump green olives cured in traditional brine with a firm, buttery texture.

Sizes: 650g – 1x12

Nutrition Facts	
Serving Size:(100g) المعلومات الغذائية لكل 100 غ	
Amount per serving	
Calories	144
%Daily Value*	
Total Fat 15.2g	30%
Saturated Fat 1.9g	4%
Polyunsaturated Fat 1.5g	3%
Monounsaturated Fat 13.8g	27%
Cholesterol 0mg	0%
Sodium 155mg	68%
Total Carbohydrates 3.7g	1%
Dietary Fiber 3.3g	12%
Sugars 0.4g	
Protein 1.1g	
Vitamin D 0mcg	0%
Calcium 51.8mg	4%
Iron 0.4mg	2%
Potassium 42mg	1%

* Percent Daily Values are based on a 2000 caloric diet.

- Olives vertes (piment fort / citron), eau, sel
- Green olives (hot pepper / lemon), water, salt
- زيتون أخضر (فلفل حار / حامض)، ماء، ملح



زيتون أسود

BLACK OLIVE

OLIVES NOIRES

Rich, smooth black olives preserved in authentic Mediterranean style

Sizes: 650g – 1x12

Nutrition Facts	
Serving Size:(100g) المعلومات الغذائية لكل 100 غ	
Amount per serving	
Calories	114
%Daily Value*	
Total Fat 10.7g	21%
Saturated Fat 1.3g	3%
Polyunsaturated Fat 0.8g	2%
Monounsaturated Fat 7.8g	16%
Cholesterol 0mg	0%
Sodium 726mg	32%
Total Carbohydrates 6.2g	2%
Dietary Fiber 3.1g	11%
Sugars 0g	
Protein 0.8g	
Vitamin D 0mcg	0%
Calcium 85.8mg	7%
Iron 0.4mg	13%
Potassium 7.9mg	0%

* Percent Daily Values are based on a 2000 caloric diet.

- Olives noires, eau, sel
- Black olives, water, salt
- زيتون أسود، ماء، ملح



زيتون أسود شرائح

SLICED BLACK OLIVES

OLIVES NOIRES TRANCHÉES

Rich, smooth black olives preserved in authentic Slices style

Sizes: 650g – 1x12

Nutrition Facts	
Serving Size:(100g) المعلومات الغذائية لكل 100 غ	
Amount per serving	
Calories	133
%Daily Value*	
Total Fat 13.3g	27%
Saturated Fat 3.3g	7%
Polyunsaturated Fat 0g	0%
Monounsaturated Fat 0g	0%
Cholesterol 0mg	0%
Sodium 1833.3mg	84%
Total Carbohydrates 0g	0%
Dietary Fiber 3.3g	12%
Sugars 0g	
Protein 3.3g	
Vitamin D 0mcg	0%
Calcium 46.7mg	4%
Iron 0.7mg	15%
Potassium 40mg	1%

* Percent Daily Values are based on a 2000 caloric diet.

- Olives noires tranchées, eau, sel
- Sliced black olives, water, salt
- زيتون أسود شرائح، ماء، ملح

OLIVE OIL

زيت زيتون

OLIVE OIL

HUILE D'OLIVE

Pure Lebanese olive oil extracted from carefully selected olives, offering smooth texture and rich aroma.

Available Sizes

500ml – 1x12

750ml – 1x6

1500ml – 1x6

2850ml – 1x4

- Huile d'olive extra vierge & huile d'olive raffinée
- Extra Virgin Olive Oil & Refined Olive Oil raffinée
- زيت زيتون بكر، زيت زيتون مكرر

Nutrition Facts

Serving Size: (14g)

المعلومات الغذائية لكل 14 غ

Amount per serving

Calories

119

%Daily Value*

Total Fat 14g

18%

Saturated Fat 1.9g

10%

Polyunsaturated Fat 1.4g

Monounsaturated Fat 9.8g

Cholesterol 0mg

0%

Sodium 0.3mg

0%

Total Carbohydrates 0g

0%

Dietary Fiber 0g

0%

Sugars 0g

Protein 0g

Vitamin D 0mcg

0%

Calcium 0.1mg

0%

Iron 0.1mg

0%

Potassium 0.1mg

0%

* Percent Daily Values are based on a 2000 calorie diet



EXTRA VIRGIN OLIVE OIL

زيت زيتون بكر

EXTRA VIRGIN OLIVE OIL

HUILE D'OLIVE EXTRA VIERGE

Cold-extracted extra virgin olive oil with superior quality and authentic Mediterranean flavor.

Available Sizes

250ml – 1x12

500ml – 1x12

750ml – 1x6

1500ml – 1x6

2850ml – 1x4

- Huile d'olive extra vierge
- Extra Virgin Olive Oil
- زيت زيتون بكر

Nutrition Facts

Serving Size: (14g)

المعلومات الغذائية لكل 14 غ

Amount per serving

Calories

119

%Daily Value*

Total Fat 14g

0%

Saturated Fat 1.9g

18%

Polyunsaturated Fat 1.4g

10%

Monounsaturated Fat 9.8g

Cholesterol 0mg

0%

Sodium 0.3mg

0%

Total Carbohydrates 0g

0%

Dietary Fiber 0g

0%

Sugars 0g

0%

Protein 0g

Vitamin D 0mcg

0%

Calcium 0.1mg

0%

Iron 0.1mg

0%

Potassium 0.1mg

0%

* Percent Daily Values are based on a 2000 calorie diet



FLORAL WATERS

ماء الورد

ROSE WATER

EAU DE ROSE

Delicately distilled from the finest rose petals, our Rose Water delivers a pure, fragrant essence perfect for culinary and

Available Sizes

250ml – 1x12

500ml – 1x12

- Eau distillée, Extrait de rose
- Distilled water, Rose extract
- ماء مقطر، مستخلص الورد



ماء زهر

ORANGE BLOSSOM WATER

EAU DE FLEUR D'ORANGER

Gently distilled from fresh orange blossoms, our Orange Blossom Water offers a light, floral aroma beloved in Lebanese cuisine and confectionery.

Available Sizes

250ml – 1x12

500ml – 1x12

- Eau distillée, Extrait de fleur d'oranger
- Distilled Water, Orange Blossom Extract
- ماء مقطر، مستخلص زهرة البرتقال



خل التفاح

APPLE VINEGAR

VINAIGRE DE POMME

Naturally fermented from organic apples, our Apple Cider Vinegar offers pure flavor for cooking and wellness.

Sizes: 500ml – 1x12

- Vinaigre de cidre de pomme biologique, Eau
- Organic Apple Cider Vinegar, Water
- خل تفاح عضوي، ماء





THANK YOU

info@lebanon-gardens.com

+961 3 121 878

